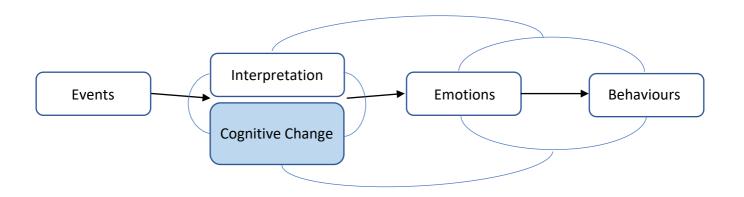
The Main Concept of CBT

Cognitive Behaviour Therapy (simple model)



Triangle of CBT

(simple model)

